



## The Path of Power

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The first stage of The Mental FastTrack to Breakthrough Productivity is called “The Path of Power” because it outlines the direction you will be taking in the program to establish newfound ability to accomplish impossible ambitions. The Path of Power increases awareness through exercises and coaching that allows individuals to see past routines and patterns that they may be stuck in. You will be assessing the best of who you are, transcending limitations, discovering where you leak energy, and how you recover it to elevate and enhance relationships. This process increases your ultimate happiness and empowerment. Basically, The Path of Power represents a fork in the road of your life, at which point you either decide to continue being who you are being and receiving the results that naturally come to that person, or you choose transformation. Transformation will result in entirely new rewards that come about naturally. In The Path of Power, you learn about the process of transformation, and how the slightest alteration to cause can create an enormous change in effect. When a ship at sea changes course by only a degree, its ultimate destination halfway around the world is thousands of miles from where it would have previously landed. Similarly, transformation begins with a critical working insight that demands a change in behavior. The results of this changed behavior can be staggering.

In The Path of Power, you will gain insight into the true nature of responsibility and freedom, and the relationship between responsible individuals and the Championship Teams they lead in pursuit of their visions. The Mental FastTrack to Breakthrough Productivity is intended for individuals who have already achieved great success in life, and are committed to taking the next step toward seemingly impossible accomplishment. As such, The Path of Power is also an opportunity for The Mental FastTrack team to better understand you as an individual, and confirm that you are ready for this breakthrough experience.



## The Soul Purpose Expander

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Your Soul Purpose is a combination of the inborn abilities and passions that identify you as an individual, and provide a natural direction for your most fulfilling life. Most people fail to live their Soul Purpose, because life gets too “busy”, or they haven’t committed to the introspection necessary to identify it in the first place. The second stage of The Mental FastTrack to Breakthrough Productivity takes you through a set of exercises designed to expand your Soul Purpose by identifying how to employ others in work that fulfills their Soul Purpose. In this way, Soul Purpose becomes something that is both lived and leveraged professionally. You will

learn how to facilitate others in their Soul Purpose in such a way that frees you up to do the things that you naturally do best, which also creates a fun and enjoyable work environment for you and your team. The productivity of any one person working within his or her Soul Purpose is greatly expanded when combined with the Soul Purposes of others working in a team environment. It is only by joining your Soul Purpose together with that of others toward a collective objective that impossible ambitions are brought within reach.

In The Soul Purpose Expander stage of The Mental FastTrack, you will learn the philosophical basis for building Championship Teams. This foundation in knowledge is required before learning the specific techniques and technologies for creating and managing these teams, which is far above and beyond basic management. Your Mentor will use your responses to questions posed to you in The Snapshot to design your comprehensive Mental FastTrack program. Because your “impossible ambitions” are unique, the education required to achieve these objectives will also be unique. Certain core principles will always be taught in The Mental FastTrack to Breakthrough Productivity, but your own educational experience is not pre-determined. The results you will achieve from a commitment to The Mental FastTrack experience, however, are inevitable.



## The Quantum Creation

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To many people, the greatest human achievements in history seem almost magical. We call the results of these achievements, such as The Pyramid at Giza, “Wonders of the Ancient World” because it is almost impossible to conceive of the labor involved in their construction. Likewise, modern achievements from Neil Armstrong landing on the moon to the Internet-connected world all required seemingly superhuman feats of ingenuity, innovation, and work. Achievements such as these, that alter the very reality of the world and change the daily lives of human beings, are impossible for any one person to bring about. They can only result from the collective effort of teams of individuals each working within his or her own Soul Purpose.

In The Quantum Creation, you will learn the specific techniques and technologies for creating and managing Championship Teams that manifest the visions of their creator in reality. Championship Teams operate more effectively than a group of people randomly assigned to a project together. In fact, the combined energy, productivity, and achievement of a Championship Team far exceed the sum of each member’s contribution. In this way, Championship Teams function in a distinct quantum above and beyond the capacity of a regular team. It is through Championship Teams that the realm of possibility is redefined, that markets are made where they previously did not exist, and that impossible projects are achieved. In the Quantum Creation you will begin

to transform your ideas into actual value in the marketplace. You will determine the greatest assets of a business, idea, or any other project or creation, while addressing, recognizing and acknowledging liabilities at the same time. Those who are most successful and resourceful understand how to capitalize assets and overcome liabilities. It's that simple. During this portion of the program you will create, understand and implement systems that will give you a true platform for productivity.



## The Champion/Championship Continuum

The fourth stage of The Mental FastTrack to Breakthrough Productivity takes the concepts you have learned thus far, and applies them by identifying all of the people and resources in your life that can be work to achieve “impossible” accomplishments. During this stage, you will come to understand The Champion/Championship Continuum, which describes the relationship between you, the Champion, and the Championship Teams that you assemble in order to achieve your greatest ambitions. Together with your Mentor and during the Quarterly Quantums, you will use The Mental FastTrack Production Continuum Model to identify the people in your life with whom you can form Championship Teams in pursuit of your most ambitious intentions. This success model establishes a platform for your work in teams that is systematically structured so that it can be replicated over and over again to accomplish new and increasingly ambitious achievements. You will also ensure that your business ideas, products, services, are able to reach and impact the market place.

The Production Continuum Model also teaches you how to identify the Soul Purpose of members of your Championship Teams, and ensure that each team member is performing work that takes advantage of his or her inborn abilities and passions. In this way, you will move beyond simply living your own Soul Purpose, to deepen it substantially by leveraging the Soul Purpose of others. As Dan Sullivan says, “Anything becomes possible if you are not the only one doing it.”

As part of The Champion/Championship Continuum, you will co-create with your Mentor an “Impossible Game” that calls forth the creation of a Championship Team. This Impossible Game might involve your business pursuits, a personal ambition you have kept secret for years, or any other achievement that you cannot bring to reality on your own. The only requirement of an Impossible Game is that it be huge! You will use reverse engineering to map out how to accomplish this impossible feat. Reverse engineering, in this context, is envisioning where you want to be and working backwards to get to where you are today, which then outlines a path of action.

Though many people are scared to pursue large ambitions, it is of great advantage to dream big and make plans to achieve those dreams. The larger the ambition, the greater the passion it inspires. Great passion is required to move beyond the inevitable breakdowns on the path to achieving the objective being pursued. The Quarterly Quantum can cultivate, protect and support you in this endeavor.

In The Champion/Championship Continuum, you will move beyond the self-imposed limitations you place on your ambitions. You'll also reconnect with the feeling of "breakthrough", that moment when the seemingly impossible suddenly comes within reach. Lastly, you will create a pragmatic plan for winning your impossible game.



## The Power Progression

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Economists use the term "velocity" to describe the productivity of a nation's economy. In mathematical terms, the velocity of an economy is the Gross Domestic Product divided by the Money Supply. This mathematical formula compares the value of the goods and services produced in an economy (its "Gross Domestic Product") to the cost of producing those goods and services (the Money Supply). Velocity can be increased through methods of efficiency and effectiveness.

When the lessons of national economies are applied to personal productivity, Gross Domestic Product is equivalent to personal achievement (which we'll call "Output"), and Money Supply is equivalent to expenses and labor (which we'll call "Input"). To increase the velocity of our work, we can either increase its output without an increase in input or decrease its input while maintaining the output. The goal, then, is to put continually less time, effort, risk, and money into our work (input) and have it bring continually more productivity and value (output).

In The Power Progression stage of The Mental FastTrack to Breakthrough Productivity, you will learn how power originates within, but if it stays there leaves you without. You will come to understand how personal power is accelerated when it is used to create ongoing value with, and for others even past the initial plan. Lastly, you will learn the most powerful methods, techniques, and technologies to increase output and decrease input. These strategies can be employed in any environment to achieve more, including business settings, personal projects, and team-based objectives. By increasing velocity, you end up impacting more people and create more value both for those you impact and for yourself.

During this portion of the program will also come to have a deeper understanding of Passion/Soul Purpose based strategies, and how to move forward assured and insured that your commitment is aligned with your

Soul Purpose. You will use this new understanding to increase profitability, impact, connect, & complement all of your businesses and projects through more efficient coordination strategies. You will understand how to more effectively synergize. You will also come to better understand how every choice you make will affect your personal power.



## The State of Winning

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The State of Winning stage of The Mental FastTrack to Breakthrough Productivity will teach you how to win in your mind first. Many play to eventually win but they don't know what that means, or how to create the opportunity or market to do so. During this portion of the program you will review your complete game plan for impossible achievement, and outline the future direction of your education in the principles of Breakthrough Productivity. The belief systems, habits of behavior, and patterns of results you experienced before The Mental FastTrack are compared to what you have achieved throughout The Mental FastTrack. In this way, you will measure the progress you have made, review the systems, forms, exercises and technologies of The Mental FastTrack, and plan for their implementation on an even larger scale in the future. Also in The State of Winning, you will learn more about "The Macroscopic Advantage," a system of coordinating projects and intentions in your life so that they complement and contribute to one another.



## The Perpetual Impact

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When our eyes are opened to the possibility of achievements what we thought previously impossible, even greater visions will come. This is the inevitable result of breaking down that initial barrier. This stage of The Mental FastTrack to Breakthrough Productivity is an opportunity to expand your vision for your own future, beyond what you achieved during The Mental FastTrack. Now it is time to implement what is being learned. This is where the true impact comes. From the proper philosophy to incredible productivity. You now recognize the additional resources you can use to create a constantly evolving, and constantly growing vision of your life and legacy.

As one critical aspect of The Perpetual Impact, you will focus on your intentions for the far-distant future, beyond your own lifespan. Through legal entities such as corporations, wills and trusts, you can create forms and systems that will continue to achieve your ambitions after you have died. In The Perpetual Impact, you will learn how to imprint your Soul Purpose into an institution that will physically outlast your body.



## Glossary of Terms

In the Mental FastTrack program, as with all of the Freedom FastTrack programs, you will notice unique phraseology, titles and terms that you may not have heard before, or at least not in this particular context. This glossary is intended to help clear up any confusion you may have about a particular word or phrase as applicable to the Mental FastTrack program. If you come across additional phrases or words that you find confusing, please don't hesitate to ask a Mental FastTrack Mentor for clarification.

### Definitions:

**Quantum Business Continuum** is where people accomplish astonishing results through exchange.

Quantum is where there isn't just an increase or an elevation in production, but a massive jump in productivity. These results are measured in the platform of business, which is any situation where multiple parties exchange value. Continuum is a model of constant growth and never ending opportunity.

**Soul Purpose** is combination of the inborn abilities, talents and passions that identify you as an individual, and provide a natural direction for your most fulfilling life. It is the purpose of your "soul" and your "sole" (or greatest) purpose for being on the Earth.

**Impossible Game:** the best possible accomplishment or outcome in your business or life, which may appear "impossible", but becomes possible through utilizing the systems and tools outlined in the Mental FastTrack program.

**Champion:** an individual that loves his/her life and is living his/her Soul Purpose. A Champion is living powerfully in the present and is growing and excited about the future.

**Championship:** a group of champions working as a team to accomplish an impossible game.

**Championship Teams** are teams composed of individuals each working within his or her Soul Purpose toward the achievement of a common objective.

**Quarterly Quantums** are full day events that go through all seven stages of the Mental FastTrack that will help you more fully capitalize on your potential and the potential of your team.

**Production Continuum Model** is a tool (from your workbook) that shows you how to identify the Soul Purpose of members of your Championship Teams to achieve greater productivity.

**The Macroscopic Advantage** is a system of coordinating projects and intentions in your life so that they complement and contribute to one another.

**The Five Tracks of Human Life Value** are the 5 major realms of life including Financial, Spiritual, Mental, Physical, and Social. Freedom FastTrack focuses on balancing and complementing each realm with all other. It is through nurturing each of these areas of life that individuals attain greater wealth, health, and happiness in life.

**Human Life Value** is what makes all property value possible. Property value is what we can see in the world. Inventions such as airplanes, cars, computers and other physical/tangible items. Human Life Value is the unseen characteristics of individuals such as ingenuity and ideas that organize and produce property value. Human Life Value exists in people as talent, ability and the willingness to create value for others.

**Breakthrough Productivity** is the process of breaking through both seen and unseen obstacles to achieve the “impossible”, or situations and outcomes that previously appeared unattainable.